







# Strand Theatre

SOUTH PARIS  
L. G. DUREPO, Res. Mgr.

## Program for Week of Oct. 29

Monday, Oct. 29, at 7 and 8:45  
An Allan Dunn production

### "Lawful Larceny"

with a Paramount cast including HOPE HAMPTON, NITA NALDI, GONRAD NAGEL and LEW CODY.

Here's a whole lot of pictures from a successful play. In the screen version which has been added to the original which lends a delightful comedy relief. Gilda Gray of the "Follies," and inventor of shimmy dancing, does her famous South Sea Island dance in this production.

Comedy—"The Trouble Hunters." ESOP'S FABLES  
Prices, 15c and 25c.

Tuesday, Oct. 30, at 7 and 8:45  
FRANK MAYO "The First Degree"

The powerful dramatic story of an ex-convict's struggle. Followers of this popular star will be pleased with his excellent performance in this production.

Comedy—"Olover Twisted." International News  
Prices, 15c and 25c.

Wednesday, Oct. 31, at 2, 7 and 8:45  
"MAIN STREET"

with an all-star cast including Monte Blue, Florence Vidor, Louise Fazenda and Noah Berry.

SINGULAR LEWIS' famous story of small town life has been made into a photoplay which bids fair to outstrip the book in popularity.

Comedy—"Tin Nights in a Barroom." Topics of the Day.  
Matinee, 15c and 25c. Evening, 15c and 35c.

Thursday, Nov. 1.  
Bret Harte's Popular Novel  
"SALOME JANE"

Featuring JACQUELINE LOGAN, George Fawcett and Maurice Flynn.

A big wholesome love-drama of the west. An exciting romance of the days at '40, actually filmed among the giant redwoods of the Santa Cruz mountains in a big sweeping way.

Comedy—"The Kickout." Pathe Review  
Prices, 15c and 25c.

Friday, Nov. 2.  
Marshall Neilan's production of  
"PENROD" STARRING  
WESLEY BARRY

Booth Tarkington's great story of a red blooded American boy is coming. It is a fast moving story for adults, too. Memories of your childhood days will creep back when you see Penrod with his pranks, chuckles and tears.

Chapter 15 of "The Oregon Trail"

Matinee 10c, 25c. International News. Evening 15c, 25c.

Saturday, Nov. 3.  
HARRY CAREY "MIRACLE BABY"

In the  
Adapted from the story of the same name in The American Magazine, by Frank Richardson Pierce.

Every human and most women will see Harry's latest success. The little snow white "Miracle Baby" in this picture will tug at your heart strings with the kind of tug that will make you wish the picture was longer.

Comedy—"Oil Wells." Starland Review. No. 4.  
Matinee 10c and 25c. Evening 15c and 25c.

COMING NEXT WEEK  
Gloria Swanson in "Bluebird's 5th Wife,"  
"The Prisoner,"  
"Where the North Begins," starring Rin-Tin-Tin.  
"The Silent Partner,"  
"Alias The North Wind,"  
"Marriage Morsels."

COMING SOON.  
"Little Johnny Jones," starring Douglas MacLean.  
"Mary Pickford in 'The Sign of the Cross'"  
"Kicked of the Dust."

Bulbs, Tulips, Narcissus, Daffodils, Hyacinths, etc., to grow inside or outside.  
Now is the time to put them in the ground.

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## HOMEMAKERS' COLUMN.

Correspondence on topics of interest to the ladies is solicited. Address: Editor HOMEMAKERS' COLUMN, Portland, Me.

The Hasty Habit and Underweight.

As the world is made up so largely of people trying to either gain or lose weight, we read many suggestions for tipping the scales correctly. Those who are underweight usually feel that it is impossible to gain weight without resorting to drastic measures. Whether diet and exercise, or medicine, or both, are the best methods is perhaps debatable. Even the thin person cannot ignore the fact that there is an important secret underlying underweight.

After studying the people who are underweight, the writer made this discovery—they worried and hurried. Notice the thin person and see if he or she is not more or less of a worrier. In addition to having this mental tendency, they carry it out in action. Every last of everyday living for a good many of us. But whether all of it is actually necessary is the question. The "hurry habit" is a real enemy to the business or housewife, can't be given up by the thin person when relaxation could and should be enjoyed.

So foolish to scramble to the telephone, or to hurry to a street car when there is nothing important involved. But we have the habit! And it gets us in a thousand and one ways. We even brush our hair as if it were a life-and-death matter.

Notice the difference between two people who have an appointment at the same place. One is in a hurry to get there, and the other is in a hurry to get there. The first is in a hurry to get there, and the other is in a hurry to get there.

If our days are so full, it is quite worth while to sit down and figure what the least essential. For it is surely possible to cut out some of the things that lead to a nervous breakdown, as surely as tobacco or drugs.

A woman bent on reducing the "hurry habit" to gain weight, which incidentally can't be improved by hurried meals, can't do so without first getting rid of the habit of hurrying. She can't do so without first getting rid of the habit of hurrying. She can't do so without first getting rid of the habit of hurrying.

There was a time, that day, for leisurely shopping, but she found herself even slowing the street car. This is but an instance of how the "hurry habit" constantly pushes itself through the "hurry habit."

You can think of some special way that you have of hurrying, can't you? This does not mean legitimate time saving, such as cooking the chicken in a crock pot, or washing the clothes in a mangle, but it does mean setting the clock ahead, getting up on the street car a block ahead, or lying in bed an hour to sleep the next day.

It is fatal to fat, and even normal food, to the "hurry habit." To get in a hurry to begin at once to see how calmly the day's task can be undertaken. At first, it will take a week or more to get the day's task can be undertaken. At first, it will take a week or more to get the day's task can be undertaken.

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## SOME NIGHT SHIRT TALES

Epidemic of Men's Lost Garments Leads to Suspicion They Were Left in Sleepers on Purposes.

There has been an epidemic of lost night shirts in the Detroit district recently.

The first tale of a shirt involves an elderly woman who called at the office and was anxious for the return of a night shirt which she said her son had left on a pullman. It should be made of heavy blue and white flannel. It was located and when the clerk was wrapping it up she remarked, with a grim look, that she felt sure her son had left it on the pullman.

The article, her gift, too—had left it on the car on purpose, but—as long as Tom's home, he's going to wear it! Judging from the tone in which she delivered the ultimatum, Tom will wear it until he takes another trip and manages to lose it on another pullman car—far, far from home.

A passenger hereof of his night shirt, wearing it in a restaurant, after its return, saying, "The weather is cold and the tails of the shirt are long, so please rush by return mail." Unless he has been careless once more he has returned immediately.

A traveling man who reported the loss of his night shirt said somewhat pathetically that it was the only one he had with him, he had to have it because he didn't dare to go home without it and it ought to be easy to find because it was red flannel.

Another tale of a shirt involves a man who, at the time of his departure, declared that he had a night shirt in his trunk, but he had lost it on the first trip—Pullman News.

Some strange things are contained in the myths. One of them is the Greek story of the sewing of the Apollo. Cadmus set out with a party of retainers to found the city of Thebes. The sacred serpent, which he had slain, had killed them and itself was killed by Cadmus.

A voice instructed Cadmus to remove the monster's teeth and sow them in a field. As he completed the task, five sowing of the seed broke through the clods, then helmets, then armor-clad bodies of men, until a host of warriors came to the field.

Thereupon the warriors began to fight among themselves. To get in this state of mind, it is very helpful to draw a few deep breaths of fresh air preceding such a task. Better still to sit in the shade. Just ten minutes spent will ease the tension of several hours' mental application.

The "hurry habit" has only to be replaced by the "hold-back" and "let-go" habit, to lay the foundation of increased weight. Food and sleep then have a chance to produce a noticeable result.

Too Much Cultivation.

Nothing is more interesting to all kinds of people than a fight. But it too often happens that where the fight really concerns the welfare of the majority, the principles involved are either too slight of, or are camouflaged to the plain view.

The college president and a board of trustees for purposes of picturesque elements in order to make a pretty story for the newspapers. The whole affair, stripped of its high-brow varnish, may contain as many varieties of the ordinary as the street fight. But in order to give it dignity enough so that it can be competently muddled over by the intellectuals and the "cultured," generally, the "idealism," "inspiring example," "spiritual leadership," and similar expressions are sprinkled over the mass.

What we really need is fewer so-called spiritual leaders with "idealism" among the college presidents and more hard workers; fewer globe-trotters and more bench men; fewer book specialists and more silent performers. And—with certain points to be noted—the same thing is true of our boys and girls among the well-to-do, whom any sort of drudgery is anathema.

There is nothing inherently the matter with our boys and girls. It takes more than our present system of education to ruin them, however painstaking in its efforts to do so. That system may be, for many of our "forward-looking" educators, with "inspiring ideals," this is, no doubt, highly disconcerting. In spite of everything they can do, the boys and girls survive, and gradually develop a normal amount of common sense.

So far as pure learning goes, the four-year college course could easily be compressed into half the time. But the value of citizenship and social position is stressed, because they are assumed to be better assets than the capacity for drudgery and self-discipline. We, therefore, see thousands of young men turned out of college who have never learned how to work, who would sooner yield to the obligation to do any kind of manual labor, other than golf or tennis. Certainly there is no such more than mere military training. Doubtless that has always been true. If every American boy were compelled to serve two years as hard labor, and aggregate taxes would be lowered, our labor problem largely solved, our national character solidified, and our defensive strength so increased that we might easily control the peace of the world.

There is nothing more ennobling than useful drudgery. There is nothing so subtle in its weakening effect as the hypocritical pretenses of the intellect, masquerading under the guise of idealism. The fact that a distinct fraction of our American college boys have yielded to the spell of decadent European literature, and art shows which way the educational wind blows. True scholarship, never to be denied or despised, requires in many instances special gifts, and is never in itself to be attained—without discipline and drudgery. That is probably why there is no hint of it among us. Why there are so few genuine scholars, and so many good golfers.

In the long run the price of every thing is fixed by Nature. And the whole deteriorating process, surrounding the false claims of "intellect," has always been on exhibition. Lured by the sight of easy money, we are much too comfortable to want to dig and delve. We import labor for that purpose. We pay the price to get men to fill the coal mines—we pay them to dig and delve. We also pay the price to fill our golf courses and stadia.

Do not throw away sour milk or cream. Save in a glass jar and when it thickens use for cottage cheese, griddle cakes, gingerbread, etc.

Attacked by L'on.

A British railway engineer, named Paine, engaged on the construction of the new Great-Glenn line, was returning to the construction camp when he walked into a lair of a lioness with two cubs. Before he could fire the lioness leaped and severely mauling him. Then she leapt back.

Money in Inventions.

Many big fortunes have come from small inventions. For instance, a man made a can with a screw just below the top. When the can was to be opened it was necessary only to strike the top and it came off. A Chicago packing house ordered ten millions as an experiment, and the idea worked so well that the inventor made a big fortune.

Beauty and the Introduction.

"How can you expect any man to believe that there is nothing that matters behind a face as beautiful as Linda's?" If you introduce a man to a pretty girl you can see him inventing a soul for her on the spot.—From "The Hopeful Journey," by Beatrice Kean Seymour.

The Poor Fellow.

Two Irishmen were discussing a railroad accident. One asked the other if any were killed in the terrible crash. She replied, "Twenty-seven Ottifans and war fishermen," whereupon Mrs. Doolley, with a long sigh, came back with, "O, the poor fellow."

Ammonia Water Cleans Furniture.

To remove all dirt and smoke from furniture, use two quarts of household ammonia. Wash the furniture with water with two tablespoons of household ammonia. Wash the furniture with water with two tablespoons of household ammonia.

Cold Comfort.

It is an extraordinary fact that men buried in an avalanche of snow-highly distressed every word uttered by those who are seeking for them, while their most strenuous shouts fail to penetrate even a few feet of the snow.

Another Use for the Hairpin.

A Western bridegroom lost the wedding ring on the way to the altar. The bride was equal to the occasion. Pulling out a hairpin, she bent it into a ring and was married with it.

Heaping Measure.

If we take the good we find, asking no questions, we shall have heaping measure. The great gifts are not got by analysis. Everything good is on the highway.—Ruskin.

Fog-Killer Never Gets a Rest.

Some people rock the boat, others do not know that the gun is loaded and then there are those who built their houses on the side of a volcano.—De Witt Frost.

The Spirit.